

# DAILY HOME SCREENING

Updated January 2021

Parents and Guardians: Please complete this important short check each morning to help us in our efforts to keep your children safe and the school open!

*NOTE: This home screening is not intended to diagnose COVID-19 but to identify symptoms that may be consistent with an infection and therefore require further attention, self-quarantine, or other action.*

- Does your child have a fever of 100.4°F or higher?
- Does your child have a new cough that cannot be attributed to another health condition?
- Does your child have a new shortness of breath that cannot be attributed to another health condition?
- Does your child have new chills that cannot be attributed to another health condition?
- Does your child have a new sore throat that cannot be attributed to another health condition?
- Does your child have new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise)?
- Does your child have a new loss of taste or smell?
- Does your child have new nausea, vomiting or diarrhea that cannot be attributed to another health condition?
- Has your child been within 6 feet of a person with a confirmed case of COVID-19 for at least 15 minutes?

*If the answer is “yes” to any of the above, please keep your child at home and report the situation to the school. For next steps please consult your child’s doctor. You can also refer to the updated guidelines presented by state, local and federal agencies.*

<https://www.vdh.virginia.gov/coronavirus/covidcheck/>

<https://www.fairfaxcounty.gov/health/novel-coronavirus/symptoms>

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>