

# SYMPTOM CHECKLIST

Parents and guardians, please review this checklist each morning to help us in our efforts to keep your children safe and the school open.

This home screening is not intended to diagnose COVID-19 but to identify symptoms that may be consistent with an infection and therefore require further attention, isolation, or other action.

- Does your child have a fever of 100.4°F or higher?
- Does your child have a new cough?
- Does your child have a new shortness of breath or difficulty breathing?
- Does your child have new chills?
- Does your child have a new sore throat?
- Does your child have unusual fatigue or new muscle aches that cannot be attributed to a specific activity such as physical exercise?
- Does your child have a new loss of taste or smell?
- Does your child have nausea, vomiting or diarrhea?
- Is your child congested or have a runny nose?
- Is your child unvaccinated and been within 6 feet of a person with a confirmed case of COVID-19 for at least 15 minutes? (Within a classroom setting, the standard is less than 3 feet.)

If the answer is “yes” to any of the above and the symptoms are not attributed to another health condition, please *keep your child at home* and *report the situation to the school*. For *next steps* please consult your child’s doctor or refer to the guidelines presented by state, local and federal agencies.

- [VDH Algorithm for Evaluating a Child with COVID-19 Symptoms or Exposure](#)
- [CDC Symptoms of COVID-19](#)